



Republic of the Philippines
Department of Education
Cordillera Administrative Region
SCHOOLS OF DIVISION OF TABUK CITY
City Hall Compound, Dagupan, Tabuk City



DEP-ED - TABUK CITY



Division memorandum

No. 107 s,2019

TO: Public Schools District Supervisors
All Public Secondary/Elementary School Heads
Others concerned

FROM: BENEDICTA B. GAMATERO
OIC- Schools Division Superintendent

DATE: JULY 1, 2019

SUBJECT: OPLAN KALUSUGAN Sa DepEd (OK SA Dep Ed) ONE HEALTH WEEK KICK - OFF ACTIVITY

1. This is to inform that OPLAN KALUSUGAN Sa DepEd (OK sa DepEd) Annual Kick off activity shall be conducted every month of July with a one Health Week on July 22 – 26, 2019. As per DepEd order n0.28, s.2018, the activity will focus on DepEd's major health programs such as:
 - a. School Based – feeding Program (SBFP)
 - b. National Drug Education Program (NDEP)
 - c. Adolescent Reproductive Health (ARH)
 - d. Water, Sanitation, and Hygiene (WASH) in Schools(WINS)
 - e. Medical, Dental and Nursing Services
 - f. Mental health
 - g. Open house of canteens featuring healthy food and beverage choices; and
 - h. Other health and nutrition programs
2. All schools are encouraged to implement/support the said program.
3. Accomplishment report in the conduct of the said activity shall be submitted at the SGOD on August 15, 2019. Please use the OKD form B, see attached form.
4. Widest and immediate dissemination of this memorandum is enjoined.



**OPLAN KALUSUGAN SA DEPED
ACCOMPLISHMENT REPORT**
(To be accomplished by the School Head)

Form B

DIVISION:	REGION:
SCHOOL:	SCHOOL ID:
SCHOOL ADDRESS:	
<small>(Please check appropriate box)</small>	
Level:	Type of School:
<input type="checkbox"/> Elementary <input type="checkbox"/> Junior High School <input type="checkbox"/> Senior High School	<input type="checkbox"/> Central School <input type="checkbox"/> Non-Central School (complete) <input type="checkbox"/> Multigrade <input type="checkbox"/> Primary School / Incomplete <input type="checkbox"/> Integrated School
SCHOOL HEAD:	CONTACT NUMBER:

A. COVERAGE	Grade Level	Number of Learners				Number of School Personnel			
		Enrollment	Actual Examined	With findings	Given interventions	Enrollment	Actual Examined	With findings	Given interventions
TOTAL:									

B. ACCOMPLISHMENTS

Use School Health Division Form 2 as basis for accomplishing this table.

- 1. Common Signs and Symptoms (as reported by Nurses) -
- 2. Common Diseases (as diagnosed by Medical Doctors) -
- 3. Common Dental Problems (as diagnosed by Dentists) -

4. Nutritional Status	Number of Learners		Height-for-Age	Number of Learners
	Body Mass Index-for-Age/ Weight-for-Age			
Severely Wasted/ Severely Underweight			Severely Stunted	
Wasted/ Underweight			Stunted	
Normal			Normal	
Overweight			Tall	
Obese				
TOTAL:				

C. SUMMARY OF VOLUNTEER SERVICES

Use OK sa DepEd Form C as basis for accomplishing this table.

Name of Organization/ Affiliation/ Institution	Number of Volunteers												No. of Learners and School Personnel		Estimated Value of Interventions Given	Other Services Rendered (if any)	
	Jul	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	Total	Examined			Given Intervention

D. DONATIONS / RESOURCES GENERATED (Add additional sheets, if needed.)

Type of Donations	Quantity	Estimated Cost	Donor



E. SIGNIFICANT EVENTS OF SBFP, NDEP, ARH, WINS, AND OTHER HEALTH AND NUTRITION PROGRAMS / EXPERIENCES / GOOD PRACTICES

(Use separate sheets, if needed)

What happened?	Who were involved?	When?	Outcome: What is/are its important contribution to the OK sa DepEd Program of the school?

F. LESSONS LEARNED

G. SUGGESTIONS TO STRENGTHEN OK sa DepEd Program (include support needed from Central, Region, and Division Office that can increase the impact of OK sa DepEd Program in your school.)

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