



Republic of the Philippines  
Department of Education  
Cordillera Administrative Region  
**DIVISION OF TABUK CITY**  
City Hall Compound, Dagupan, Tabuk City



**DIVISION MEMORANDUM**

NO. 42, S. 2020

Division office Personnel  
Public Elem. And Secondary School Heads  
Teachers (Elementary and Secondary)  
TO: Non - Teaching personnel  
Others concerned

FROM: *Irene S. Angway*  
**IRENE S. ANGWAY, PhD**  
OIC - Schools Division Superintendent

SUBJECT: **ANNUAL HEALTH EXAMINATION OF TEACHING AND NON- TEACHING PERSONNEL  
FOR CY 2020**

DATE: **February 13,2020**



1. In compliance to Civil Service Commission (CSC) circular no.17,s.1989 all regular and newly appointed teachers and personnel shall undergo the Annual Health Examination for Cy 2020.
2. Required laboratory examinations are as follows:
  - a. .Complete Blood Count(CBC)
  - b. Blood sugar count(RBS/FBS)
  - c..Urinalysis
  - d. Chest X-Ray ( except for pregnant women 1<sup>st</sup> and 2<sup>nd</sup> trimester/ or upon recommendation of a physician)
  - e .Electro - Cardiogram(ECG) - optional for teaching and non- teaching personnel 40 y/o above especially those with history of hypertension;
  - f. Pap Smear - optional for teaching and non -teaching personnel 35 y/o and above.( for female only)
3. C.S Form 86 shall be accomplished by a physician and as a requirement for annual clearance and shall be submitted on or before April 15,2020.
4. School nurse are likewise advised to take note of personnel/teachers who fail to undergo the said examination and submit report on this to the Division office.
5. Widest and immediate dissemination of this memorandum is desired.