



Republic of the Philippines
Department of Education

Cordillera Administrative Region
Schools Division of Tabuk City
BCS Compound, P-2, Bulanao Norte, Tabuk City



Office of the Schools Division Superintendent

Division Memorandum

No. 354 s. 2022

Participants to the Regional Training on Filipino Sign Language Cum Mental Health Awareness and Stress Management for SPED Educators

TO: Public Schools District Supervisors
All Public Elementary and Secondary School Heads
All others Concerned

DATE: November 11, 2022

1. In reference to RM 524 s. 2022 **entitled Regional Training on Filipino Sign Language Cum Mental Health Awareness and Stress Management for SPED Educators** on November 17-19, 2022 at Kingsquare, Davidson Hotel, Bulanao Norte, Tabuk City.
2. The purpose of this activity are the following:
 - a. Capacitate the participants on the use of Filipino Sign Language;
 - b. Promote FSL among teachers;
 - c. Strengthen the use of FSL as the medium of instruction in teaching Deaf or Hard of Hearing;
 - d. Raise awareness on mental health continuum;
 - e. Provide skills needed to offer support when educators experience stress ; and
 - f. Develop good rapport, relationship, and self-confidence between and among SPED Educators.
3. Participants to this activity are the receiving elementary and secondary teachers handling learners with hearing impairment or learners with Difficulty in Hearing.
4. Identified participants shall be relieved from their regular tasks during the said activity which involve only afternoon of November 18, 2022 (Friday). However, the teachers shall prepare activities to be given to the learners.
5. The school heads, head teachers or department heads shall handle the class of the teachers as contingency measure to ensure continuity of learning.



Address: BCS Compound, Bulanao Norte, Tabuk City, Kalinga
Email: tabuk.city@deped.gov.ph
Website: <https://www.depedtabukcity.com>



Republic of the Philippines
Department of Education

Cordillera Administrative Region
Schools Division of Tabuk City
BCS Compound, P-2, Bulanao Norte, Tabuk City

Office of the Schools Division Superintendent

6. Attached for your reference are the following enclosures.
 - a. Enclosure 1- List of participants
 - b. Enclosure 2- Activity matrix
7. Participants shall be granted COCs/CTOs or Service Credits subject to existing DepEd and CSC rules and regulations.
8. Accomodation and meals shall be charged to the downloaded SPED fund for FSL while travel and other incidental expenses shall be charged to School MOOE/Local funds subject to usual accounting and auditing rules and regulations.
9. For more details and/or queries please contact Division SPED Focal Cresencia M. Na-oy through E-mail: cresencia.naoy@deped.gov.ph or mobile: 09457452335.
10. Immediate and wide dissemination of this memorandum is desired.


IRENE S. ANGWAY PhD, CESO VI
Schools Division Superintendent

cid/cmn



Address: BCS Compound, Bulanao Norte, Tabuk City, Kalinga
Email: tabuk.city@deped.gov.ph
Website: <https://www.depedtabukcity.com>

List of Participants for the Filipino Sign Language

Name of Participant	Sex	Station	Mobile Number	Email Address
1. Ivy A. Salibad	F	Agbannawag CS	09176367161	ivy.salibad@deped.gov.ph
2. Beverly Hazel Bartolome	F	Calaccad Es	09606138062	beverlyhazel.bartolome@deped.gov.ph
3. Mailva D. Wacdagan	F	Gaogao ES	09360524214	mailva.ducayag@deped.gov.ph
4. Roxanne A. Sangdaan	F	Tabuk City CS		roxanne.sangdaan@deped.gov.ph
5. Twinkle B. Caldingon	F	STIS	09198894399	twinkle.caldingon@deped.gov.ph
6. Geraldine B. Ollibac	F	Toppan IS	09456406374	geraldine.ollibac@deped.gov.ph
7. Raquel D. Ballinan	F	TCNHS		raquel.ballinan@deped.gov.ph
8. Elisa Bas-il	F	ANHS	09970747906	elisa.basil@deped.gov.ph
9. Michelle Liclic	F	KNHS		michelle.liclic@deped.gov.ph
10. Kathleen A. Atiwag	F	New Balbalan ES		kathleen.atiwag@deped.gov.ph
11. Feby B. Iw-ag	F	Bulanao East ES		feby.iwag@deped.gov.ph
12. Anamarie E. Carillo	F	Dilag IS		anamarie.carillo@deped.gov.ph
13. Mely Oyando	F	San Juan ES		mely.oyando@deped.gov.ph
14. Lasinda B. Pangsiw	F	KSPED/BC S	09178949670	lasinda.pangsiw@deped.gov.ph
15. Lilinette O. Godinez	F	KSPED/BC S	09084929170	lilinette.godinez@deped.gov.ph
16. Cresencia M. Na-oy	F	SDO-CID	09457452335	cresencia.naoy@deped.gov.ph

Prepared by:



CRESENCIA M. NA-OY
EPS-SPED Focal

Enclosure 2

**Regional Training on Filipino Sign Language cum Mental Health Awareness
and Stress Management for SPED Educators –CLUSTER III
November 18-20, 2022 @ Davidson Hotel and Restaurant**

Time	Day 0 (Friday)	Day 1 (Saturday)	Day 2 (Sunday)
7:45 – 8:00	Travel Time of Participants	Registration and Preliminaries/ MOL - SDO Ifugao	Registration and Preliminaries/ MOL - SDO Kalinga
8:01 – 9:00		RA 11106 RA 11650 Updates: DepEd Orders Ruby Belgica EPS, SDO Kalinga SPED Focal	Mathematics Lilnette O. Godinez SPET-I
9:01 - 9:30		Healthy Snack Break	
9:31-9:45		English & Filipino Lasinda B. Pangsiw SPET-I	Healthy Snack Break
9:46-10:00			
10:01-10:15			
10:16 – 12:00			
12:00-12:15			
12:16 – 1:00	Lunch Break	Lunch Break	Lunch Break
1:01 – 2:00	Check-in/ Registration & Preparation	Araling Panlipunan Flordeliza Ellag SPET-I	Mental Health Awareness and Stress Management for SPED Educators (<i>continuation</i>) Lovella R. Iringan Resource Speaker
2:01-3:00		Healthy Snack Break	Open Forum and Applying What We Have Learned: Group Presentation Healthy Snack Break
3:01 – 3:15	Opening Program -SDO Tabuk City	Science	Closing Program -SDO Tabuk City
3:16-3:30			Debriefing of the Technical Working Group
3:31 – 4:00	Understanding the Deaf and their Culture Cresencia M. Na-oy EPS, DO Tabuk SPED Focal	Purita Tudlong SPET-II	--Home Sweet Home--
4:01-5:00			
5:00-6:00	Debriefing of the Technical Working Group		